

2023 Spring Fling SCY Masters Swim Meet - 4/15/2023

Results - Spring Fling

Event 1 Women 18-24 100 Yard IM

1	Douhan, Olivia	22	New England Mast-2	1:18.24
	36.31	41.93		

Event 1 Women 25-29 100 Yard IM

1	Robibero, Nicki	26	Adirondack Maste-3	1:18.37
	37.78	40.59		

Event 1 Women 35-39 100 Yard IM

---	Mancini, Ashley	36	Adirondack Maste-3	DQ
	43.42	49.18		

Event 1 Women 40-44 100 Yard IM

1	Bixby, Sue	41	Adirondack Maste-3	1:21.89
	35.95	45.94		

Event 1 Women 45-49 100 Yard IM

1	Roe-Dale, Rachel	45	Adirondack Maste-3	1:25.66
	42.35	43.31		
2	Insley, Kathleen	49	UC03	1:31.97
	42.48	49.49		

Event 1 Women 50-54 100 Yard IM

1	Abraham, Lora	51	Adirondack Maste-3	1:25.97
	41.25	44.72		

Event 1 Women 55-59 100 Yard IM

1	Bolster, Margaret	55	Adirondack Maste-3	1:29.11
	42.21	46.90		

Event 1 Women 60-64 100 Yard IM

1	Cort, Hayley	61	Agua Masters-6	1:19.88
	39.79	40.09		

Event 1 Men 25-29 100 Yard IM

1	Ruggles, Brian	29	Adirondack Maste-3	59.09
	27.66	31.43		
2	Sinnenberg, Nick F	25	Adirondack Maste-3	1:06.00
	30.97	35.03		

Event 1 Men 30-34 100 Yard IM

1	Distler, Matthew S	30	Adirondack Maste-3	1:00.86
	28.66	32.20		

Event 1 Men 45-49 100 Yard IM

1	Higgins, Erik	47	Connecticut Mast-5	1:28.36
	42.60	45.76		

Event 1 Men 50-54 100 Yard IM

1	Emeka, Amon	54	Adirondack Maste-3	1:00.96
	28.90	32.06		

Event 1 Men 55-59 100 Yard IM

1	Canty, Dan	55	Adirondack Maste-3	1:06.49
	29.59	36.90		
2	Bubel, Joseph	55	Adirondack Maste-3	1:09.86
	33.55	36.31		
3	Starace, Richard	59	Adirondack Maste-3	1:27.24
	41.83	45.41		

Event 1 Men 65-69 100 Yard IM

1	Harding, James	65	Adirondack Maste-3	1:21.24
	37.49	43.75		

Event 2 Women 18-24 50 Yard Freestyle

1	Boolukos-Brinker, Stella C	24	UC03	29.54
2	Douhan, Olivia	22	New England Mast-2	29.95

Event 2 Women 25-29 50 Yard Freestyle

1	Cahill, Kaitlin	27	UC03	25.82
2	Archambault, Aileen	27	New England Mast-2	30.95

Event 2 Women 40-44 50 Yard Freestyle

1	Gordon, Melissa A	44	UC03	33.91
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Event 2 Women 45-49 50 Yard Freestyle

1	House, Shannon	46	Auburn YMCA Stin-4	29.26
2	Insley, Kathleen	49	UC03	36.40
3	Ulrich, Erin	45	Adirondack Maste-3	46.26

Event 2 Women 55-59 50 Yard Freestyle

1	Towne, Suzanne	57	New England Mast-2	32.25
2	Herrick, Janice S	57	UC03	35.80
3	Gigliotti, Therese	59	Adirondack Maste-3	39.07

Event 2 Women 60-64 50 Yard Freestyle

1	Wallack, Honorine M	60	Adirondack Maste-3	32.92
2	Byer, Karen	63	Adirondack Maste-3	33.81

Event 2 Women 65-69 50 Yard Freestyle

1	Meany, Kathleen	66	Adirondack Maste-3	43.41
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Event 2 Women 70-74 50 Yard Freestyle

1	Gardner, Cynthia	71	New England Mast-2	39.88
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Event 2 Men 18-24 50 Yard Freestyle

1	Adamo, Joseph	23	USAM Masters-3	24.18
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Event 2 Men 25-29 50 Yard Freestyle

1	Needham, Nicholas	26	Adirondack Maste-3	1:08.70
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Event 2 Men 40-44 50 Yard Freestyle

1	House, Brian	44	Auburn YMCA Stin-4	25.53
2	Donnaruma, Colin	42	Adirondack Maste-3	32.74

Event 2 Men 45-49 50 Yard Freestyle

1	Andre, Kristopher	46	UC03	23.67
2	Higgins, Erik	47	Connecticut Mast-5	28.10

Event 2 Men 50-54 50 Yard Freestyle

1	Sellei, Greg	54	New England Mast-2	27.99
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Event 2 Men 55-59 50 Yard Freestyle

1	Shadlock, Steve	58	Adirondack Maste-3	33.20
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Event 2 Men 60-64 50 Yard Freestyle

1	Ahern, Kevin	63	Adirondack Maste-3	27.31
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Event 2 Men 65-69 50 Yard Freestyle

1	Taetzsch, Michael	67	Adirondack Maste-3	32.29
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Event 2 Men 70-74 50 Yard Freestyle

1	Kline, Roy A	70	Adirondack Maste-3	30.58
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Event 2 Men 80-84 50 Yard Freestyle

1	Koop, Douglas	81	Adirondack Maste-3	48.88
2	Fitzgerald, Tom	81	Adirondack Maste-3	49.71

Event 3 Women 18-24 50 Yard Breaststroke

1	Douhan, Olivia	22	New England Mast-2	43.96
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Results - Spring Fling

Event 3 Women 25-29 50 Yard Breaststroke

1	Greening, Jackie	25	Adirondack Maste-3	33.17
2	Robibero, Nicki	26	Adirondack Maste-3	37.49

Event 3 Women 40-44 50 Yard Breaststroke

1	Bixby, Sue	41	Adirondack Maste-3	44.90
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Event 3 Women 60-64 50 Yard Breaststroke

1	Cort, Hayley	61	Agua Masters-6	39.75
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Event 3 Women 65-69 50 Yard Breaststroke

1	Meany, Kathleen	66	Adirondack Maste-3	55.99
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Event 3 Men 18-24 50 Yard Breaststroke

1	Litovsky, Leo	24	Adirondack Maste-3	31.55
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Event 3 Men 25-29 50 Yard Breaststroke

---	Needham, Nicholas	26	Adirondack Maste-3	DQ
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Event 3 Men 55-59 50 Yard Breaststroke

1	Bubel, Joseph	55	Adirondack Maste-3	32.02
2	Dollard, Brian	58	Adirondack Maste-3	38.41

Event 3 Men 60-64 50 Yard Breaststroke

1	Ahern, Kevin	63	Adirondack Maste-3	38.31
2	Riordan, Joseph	63	Adirondack Maste-3	39.39

Event 4 Women 18-24 100 Yard Backstroke

1	Bohlukos-Brinker, Stella C	24	UC03	1:11.89
				35.75 36.14

Event 4 Women 25-29 100 Yard Backstroke

1	Cahill, Carly	29	UC03	1:04.91
				31.61 33.30
2	Archambault, Aileen	27	New England Mast-2	1:20.11
				39.56 40.55

Event 4 Women 45-49 100 Yard Backstroke

1	Roe-Dale, Rachel	45	Adirondack Maste-3	1:23.20
				41.34 41.86

Event 4 Women 60-64 100 Yard Backstroke

1	Byer, Karen	63	Adirondack Maste-3	1:25.85
				42.61 43.24

Event 4 Women 70-74 100 Yard Backstroke

1	Gardner, Cynthia	71	New England Mast-2	1:46.74
				51.97 54.77

Event 4 Men 30-34 100 Yard Backstroke

1	Follett, Nicholas	33	Adirondack Maste-3	1:14.60
				35.75 38.85

Event 4 Men 45-49 100 Yard Backstroke

1	Andre, Kristopher	46	UC03	1:05.91
				32.09 33.82
2	Higgins, Erik	47	Connecticut Mast-5	1:18.21
				38.64 39.57

Event 4 Men 65-69 100 Yard Backstroke

1	Harding, James	65	Adirondack Maste-3	1:15.51
				37.01 38.50

Event 4 Men 80-84 100 Yard Backstroke

1	Fitzgerald, Tom	81	Adirondack Maste-3	2:40.49
				1:21.47 1:19.02

Event 5 Women 45-49 100 Yard Butterfly

1	Insley, Kathleen	49	UC03	1:42.22
				47.27 54.95

Event 5 Women 55-59 100 Yard Butterfly

1	Towne, Suzanne	57	New England Mast-2	1:21.68
				37.20 44.48

Event 5 Men 30-34 100 Yard Butterfly

1	Distler, Matthew S	30	Adirondack Maste-3	1:00.45
				28.47 31.98

Event 5 Men 55-59 100 Yard Butterfly

1	Canty, Dan	55	Adirondack Maste-3	1:01.66
				29.19 32.47

Event 5 Men 75-79 100 Yard Butterfly

1	Becker, Jim	77	Adirondack Maste-3	1:35.00
				44.91 50.09

Event 6 Women 25-29 500 Yard Freestyle

1	Przysinda, Emily	29	Rochester Area M-4	6:00.59
				31.79 35.61 36.45 36.81
				37.26 36.40 36.96 37.34
				36.72 35.25
2	Cahill, Carly	29	UC03	6:05.05
				32.76 35.71 36.49 37.29
				37.31 37.23 37.54 37.03
				37.45 36.24

Event 6 Women 35-39 500 Yard Freestyle

1	Mancini, Ashley	36	Adirondack Maste-3	7:35.26
				39.89 45.72 46.61 46.85
				46.73 47.21 47.17 47.35
				45.13 42.60

Event 6 Women 40-44 500 Yard Freestyle

1	LaPierre, Megan E	41	UC03	7:39.16
				40.04 43.29 46.45 47.56
				47.06 47.54 47.83 47.59
				46.32 45.48

Event 6 Women 50-54 500 Yard Freestyle

1	McCarty, Karen C	54	UC03	8:05.45
				39.84 43.51 46.81 49.51
				50.96 51.02 50.54 51.34
				51.39 50.53

Event 6 Women 55-59 500 Yard Freestyle

1	Bolster, Margaret	55	Adirondack Maste-3	8:31.75
				44.31 49.89 52.54 53.22
				53.04 52.64 53.37 52.67
				50.17 49.90

Event 6 Women 65-69 500 Yard Freestyle

1	Branch, Katherine	65	New England Mast-2	7:01.89
				40.04 42.19 42.88 43.16
				42.69 42.65 42.24 42.29
				41.83 41.92

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Event 6 Men 30-34 500 Yard Freestyle

1	Russell, Tim	33	UC03	5:51.60
	31.26	33.50	34.56	35.25
	35.29	35.78	36.38	36.46
	36.83	36.29		

Event 6 Men 35-39 500 Yard Freestyle

1	DeWire, Raymond	36	UC03	5:40.22
	29.27	32.51	34.18	34.77
	35.16	35.29	35.00	34.77
	34.90	34.37		

Event 6 Men 50-54 500 Yard Freestyle

1	Schnitzer, Ted	53	UC02	7:26.82
	38.79	43.19	45.00	46.11
	46.03	46.06	46.98	45.76
	44.96	43.94		

Event 6 Men 55-59 500 Yard Freestyle

1	Starace, Richard	59	Adirondack Maste-3	6:40.12
	37.64	39.62	40.40	40.56
	40.76	40.88	40.34	40.71
	40.25	38.96		
---	Kullman, Scott	59	Adirondack Maste-3	DQ
	32.84	35.87	39.24	42.78

Event 6 Men 65-69 500 Yard Freestyle

1	Taetzsch, Michael	67	Adirondack Maste-3	6:41.76
	34.60	38.21	40.08	41.12
	41.03	41.28	41.86	41.70
	42.39	39.49		

Event 6 Men 70-74 500 Yard Freestyle

1	Kline, Roy A	70	Adirondack Maste-3	7:03.04
	38.33	41.35	43.27	42.83
	43.67	44.04	42.90	43.18
	43.04	40.43		

Event 6 Men 80-84 500 Yard Freestyle

1	Koop, Douglas	81	Adirondack Maste-3	10:07.68
	54.69	59.14	1:02.11	1:02.33
	1:02.30	1:02.28	1:01.84	1:02.80
	1:01.11	59.08		

Event 7 Mixed 18+ 400 Yard Medley Relay

1	Adirondack Maste-3	B	4:02.69
	1) Sinnenberg, Nick F M25	2) Harding, Brian M23	
	3) Ruggles, Brian M29	4) Litovsky, Leo M24	
	30.53	1:02.52	27.80
	28.13	1:02.70	15.65
			55.88
2	Adirondack Maste-3	A	4:24.52
	1) Emeka, Amon M54	2) Sinnenberg, Tim M55	
	3) Canty, Dan M55	4) Riordan, Joseph M63	
	33.16	1:05.65	35.70
	27.61	1:01.63	28.71
			1:16.17
			1:01.07

Event 8 Women 18-24 50 Yard Butterfly

1	Douhan, Olivia	22	New England Mast-2	33.33
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Event 8 Women 25-29 50 Yard Butterfly

1	Archambault, Aileen	27	New England Mast-2	35.80
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Event 8 Women 45-49 50 Yard Butterfly

1	House, Shannon	46	Auburn YMCA Stin-4	33.45
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Event 8 Women 55-59 50 Yard Butterfly

1	Towne, Suzanne	57	New England Mast-2	33.85
2	Herrick, Janice S	57	UC03	41.42

Event 8 Women 60-64 50 Yard Butterfly

1	Cort, Hayley	61	Agua Masters-6	35.92
2	Wallack, Honorine M	60	Adirondack Maste-3	36.21

Event 8 Men 18-24 50 Yard Butterfly

1	Litovsky, Leo	24	Adirondack Maste-3	30.43
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Event 8 Men 30-34 50 Yard Butterfly

1	Distler, Matthew S	30	Adirondack Maste-3	26.66
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Event 8 Men 40-44 50 Yard Butterfly

1	House, Brian	44	Auburn YMCA Stin-4	30.14
2	Donnaruma, Colin	42	Adirondack Maste-3	36.37

Event 8 Men 55-59 50 Yard Butterfly

1	Bubel, Joseph	55	Adirondack Maste-3	28.60
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Event 8 Men 60-64 50 Yard Butterfly

1	Ahern, Kevin	63	Adirondack Maste-3	31.17
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Event 8 Men 65-69 50 Yard Butterfly

1	Harding, James	65	Adirondack Maste-3	33.89
2	Taetzsch, Michael	67	Adirondack Maste-3	39.26

Event 9 Women 25-29 100 Yard Breaststroke

1	Greening, Jackie	25	Adirondack Maste-3	1:12.24
	33.91	38.33		
2	Robibero, Nicki	26	Adirondack Maste-3	1:19.40
	37.56	41.84		

Event 9 Women 40-44 100 Yard Breaststroke

1	Gordon, Melissa A	44	UC03	1:39.62
	48.49	51.13		

Event 9 Women 45-49 100 Yard Breaststroke

1	Insley, Kathleen	49	UC03	1:44.91
	49.78	55.13		

Event 9 Women 60-64 100 Yard Breaststroke

1	Cort, Hayley	61	Agua Masters-6	1:29.30
	42.79	46.51		

Event 9 Women 70-74 100 Yard Breaststroke

1	Bierwert, Karen	70	New England Mast-2	1:33.59
	44.41	49.18		

Event 9 Men 18-24 100 Yard Breaststroke

1	Harding, Brian	23	Adirondack Maste-3	1:05.67
	30.67	35.00		
2	Litovsky, Leo	24	Adirondack Maste-3	1:16.18
	35.69	40.49		

Event 9 Men 50-54 100 Yard Breaststroke

1	Sellei, Greg	54	New England Mast-2	1:17.38
	37.44	39.94		

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Event 9 Men 55-59 100 Yard Breaststroke

1	Dollard, Brian	58	Adirondack Maste-3	1:25.89
	41.44	44.45		
2	Shadlock, Steve	58	Adirondack Maste-3	1:38.43
	47.21	51.22		

Event 9 Men 75-79 100 Yard Breaststroke

1	Becker, Jim	77	Adirondack Maste-3	1:37.37
	46.43	50.94		

Event 11 Mixed 18+ 400 Yard Freestyle Relay

1	Adirondack Maste-3	A		4:26.09
	1) Roe-Dale, Rachel W45	2) Sinnenberg, Tim M55		
	3) Byer, Karen W63	4) Canty, Dan M55		
	35.23	1:12.26	31.44	1:05.20
	33.65	1:10.37	28.02	58.26

Event 12 Women 25-29 200 Yard IM

1	Cahill, Carly	29	UC03	2:29.22
	31.53	37.30	45.20	35.19
2	Archambault, Aileen	27	New England Mast-2	2:57.29
	37.86	44.67	54.22	40.54

Event 12 Women 45-49 200 Yard IM

1	Insley, Kathleen	49	UC03	3:22.40
	45.73	50.31	57.87	48.49

Event 12 Women 50-54 200 Yard IM

1	Abraham, Lora	51	Adirondack Maste-3	3:07.14
	41.89	49.80	54.16	41.29

Event 12 Women 60-64 200 Yard IM

1	Cort, Hayley	61	Agua Masters-6	3:02.69
	40.85	48.30	49.45	44.09

Event 12 Men 30-34 200 Yard IM

1	Follett, Nicholas	33	Adirondack Maste-3	2:48.66
	32.94	40.49	55.57	39.66

Event 12 Men 40-44 200 Yard IM

1	Donnaruma, Colin	42	Adirondack Maste-3	3:14.21
	41.05	50.16	1:01.50	41.50

Event 12 Men 50-54 200 Yard IM

1	Emeka, Amon	54	Adirondack Maste-3	2:21.49
	30.62	39.00	41.07	30.80
2	Sellei, Greg	54	New England Mast-2	2:47.99
	37.01	43.93	46.56	40.49

Event 12 Men 55-59 200 Yard IM

1	Starace, Richard	59	Adirondack Maste-3	3:07.11
	43.12	50.08	54.58	39.33

Event 13 Women 18-24 50 Yard Backstroke

1	Douhan, Olivia	22	New England Mast-2	36.49
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Event 13 Women 40-44 50 Yard Backstroke

1	Bixby, Sue	41	Adirondack Maste-3	35.83
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Event 13 Women 45-49 50 Yard Backstroke

1	Roe-Dale, Rachel	45	Adirondack Maste-3	39.38
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Event 13 Women 55-59 50 Yard Backstroke

1	Herrick, Janice S	57	UC03	47.75
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Event 13 Men 30-34 50 Yard Backstroke

1	Distler, Matthew S	30	Adirondack Maste-3	28.10
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Event 13 Men 45-49 50 Yard Backstroke

1	Andre, Kristopher	46	UC03	27.95
2	Higgins, Erik	47	Connecticut Mast-5	33.90

Event 13 Men 55-59 50 Yard Backstroke

1	Canty, Dan	55	Adirondack Maste-3	31.68
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Event 13 Men 80-84 50 Yard Backstroke

1	Fitzgerald, Tom	81	Adirondack Maste-3	1:11.26
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Event 14 Mixed 18+ 200 Yard Freestyle Relay

1	New England Mast-2	A		2:19.65
	1) Towne, Suzanne W57	2) Archambault, Aileen W27		
	3) Gardner, Cynthia W71	4) Douhan, Olivia W22		
	33.50	16.13	18.75	1:11.27
2	Adirondack Maste-3	A		2:27.73
	1) Ulrich, Erin W45	2) Abraham, Lora W51		
	3) Mancini, Ashley W36	4) Wallack, Honorine M W60		
	47.79	33.99	33.52	32.43

Event 15 Women 25-29 200 Yard Freestyle

1	Cahill, Kaitlin	27	UC03	2:09.81
	30.71	32.74	33.28	33.08

Event 15 Women 40-44 200 Yard Freestyle

1	Gordon, Melissa A	44	UC03	2:54.77
	39.97	44.29	47.01	43.50

Event 15 Women 45-49 200 Yard Freestyle

1	House, Shannon	46	Auburn YMCA Stin-4	2:24.15
	33.10	35.81	37.83	37.41

Event 15 Women 50-54 200 Yard Freestyle

1	McCarty, Karen C	54	UC03	2:53.13
	37.24	42.69	45.97	47.23

Event 15 Women 55-59 200 Yard Freestyle

1	Gigliotti, Therese	59	Adirondack Maste-3	3:02.59
	43.51	45.46	46.95	46.67

Event 15 Women 65-69 200 Yard Freestyle

1	Branch, Katherine	65	New England Mast-2	2:43.05
	38.28	40.80	42.04	41.93
2	Meany, Kathleen	66	Adirondack Maste-3	3:35.53
	48.15	53.21	1:54.45	

Event 15 Men 35-39 200 Yard Freestyle

1	DeWire, Raymond	36	UC03	2:03.97
	27.38	31.08	32.52	32.99

Event 15 Men 40-44 200 Yard Freestyle

1	House, Brian	44	Auburn YMCA Stin-4	2:15.43
	30.29	34.82	35.84	34.48

Event 15 Men 55-59 200 Yard Freestyle

1	Starace, Richard	59	Adirondack Maste-3	2:36.31
	37.34	39.95	39.77	39.25
2	Dollard, Brian	58	Adirondack Maste-3	2:41.34
	36.10	39.76	41.66	43.82

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Results - Spring Fling

Event 15 Men 65-69 200 Yard Freestyle				3 Adirondack Maste-3	A	2:49.76
1 Taetzsch, Michael	67	Adirondack Maste-3	2:31.99	1) Mancini, Ashley W36	2) Abraham, Lora W51	
35.58	38.57	39.30	38.54	3) Wallack, Honorine M W60	4) Gigliotti, Therese W59	
Event 15 Men 70-74 200 Yard Freestyle				46.26	51.21	37.40 34.89
1 Kline, Roy A	70	Adirondack Maste-3	2:34.87	Event 20 Mixed 18+ 800 Yard Freestyle Relay		
34.76	39.03	41.54	39.54	1 Adirondack Maste-3	B	8:14.53
Event 15 Men 80-84 200 Yard Freestyle				1) Ruggles, Brian M29	2) Sinnenberg, Nick F M25	
1 Koop, Douglas	81	Adirondack Maste-3	3:51.91	3) Litovsky, Leo M24	4) Harding, Brian M23	
52.79	2:59.42	22.01		29.92	8:14.53	
2 Fitzgerald, Tom	81	Adirondack Maste-3	4:27.65	2 Adirondack Maste-3	A	8:51.33
58.57	1:07.81	1:13.11	1:08.16	1) Emeka, Amon M54	2) Sinnenberg, Tim M55	
Event 16 Women 25-29 200 Yard Breaststroke				3) Riordan, Joseph M63	4) Canty, Dan M55	
1 Greening, Jackie	25	Adirondack Maste-3	2:44.62	30.06	8:51.33	
37.44	42.72	43.17	41.29	Event 21 Women 18-24 100 Yard Freestyle		
2 Robibero, Nicki	26	Adirondack Maste-3	2:54.32	3) Ahern, Kevin M63	4) Harding, James M65	
39.69	44.40	45.22	45.01	35.80	10:01.02	
Event 16 Women 70-74 200 Yard Breaststroke				Event 21 Women 25-29 100 Yard Freestyle		
1 Bierwert, Karen	70	New England Mast-2	3:21.59	1 Cahill, Kaitlin	27 UC03	56.92
45.40	51.02	52.06	53.11	28.13	28.79	
Event 16 Men 25-29 200 Yard Breaststroke				2 Cahill, Carly	29 UC03	57.35
1 Ruggles, Brian	29	Adirondack Maste-3	2:27.30	27.71	29.64	
34.23	38.03	38.25	36.79	Event 21 Women 35-39 100 Yard Freestyle		
Event 16 Men 30-34 200 Yard Breaststroke				1 Mancini, Ashley	36 Adirondack Maste-3	1:14.58
1 Distler, Matthew S	30	Adirondack Maste-3	2:44.99	35.59	38.99	
37.15	42.43	43.81	41.60	Event 21 Women 40-44 100 Yard Freestyle		
Event 16 Men 75-79 200 Yard Breaststroke				1 Gordon, Melissa A	44 UC03	1:19.22
1 Becker, Jim	77	Adirondack Maste-3	3:40.50	38.39	40.83	
49.65	57.16	58.02	55.67	Event 21 Women 45-49 100 Yard Freestyle		
Event 17 Women 18-24 200 Yard Backstroke				1 Ulrich, Erin	45 Adirondack Maste-3	1:56.30
1 Boolukos-Brinker, Stella C	24	UC03	2:31.68	54.14	1:02.16	
36.56	39.30	38.63	37.19	Event 21 Women 50-54 100 Yard Freestyle		
Event 17 Women 45-49 200 Yard Backstroke				1 Abraham, Lora	51 Adirondack Maste-3	1:12.94
1 Roe-Dale, Rachel	45	Adirondack Maste-3	2:56.21	35.20	37.74	
41.48	43.52	45.74	45.47	2 McCarty, Karen C	54 UC03	1:16.06
Event 17 Men 45-49 200 Yard Backstroke				35.65	40.41	
1 Andre, Kristopher	46	UC03	2:34.99	Event 21 Women 60-64 100 Yard Freestyle		
36.27	38.98	40.84	38.90	1 Wallack, Honorine M	60 Adirondack Maste-3	1:12.96
Event 17 Men 55-59 200 Yard Backstroke				35.17	37.79	
1 Sinnenberg, Tim	55	Adirondack Maste-3	2:42.62	Event 21 Women 65-69 100 Yard Freestyle		
39.24	41.03	41.96	40.39	1 Meany, Kathleen	66 Adirondack Maste-3	1:39.75
Event 18 Mixed 18+ 200 Yard Medley Relay				46.55	53.20	
1 Adirondack Maste-3	B	2:04.52	Event 21 Men 18-24 100 Yard Freestyle			
1) Greening, Jackie W25	2) Robibero, Nicki W26		1 Harding, Brian	23 Adirondack Maste-3	53.61	
3) Distler, Matthew S M30	4) Litovsky, Leo M24		25.59	28.02		
36.04	36.88	26.83	24.77	Event 21 Women 60-64 100 Yard Freestyle		
Event 18 Mixed 18+ 200 Yard Medley Relay				25.76	29.87	
2 New England Mast-2	A	2:37.46	Event 21 Men 18-24 100 Yard Freestyle			
1) Archambault, Aileen W27	2) Douhan, Olivia W22		1) Archambault, Aileen W27	2) Douhan, Olivia W22		
3) Towne, Suzanne W57	4) Gardner, Cynthia W71		38.93	42.10	35.14	41.29

2023 Spring Fling SCY Masters Swim Meet - 4/15/2023

Results - Spring Fling

(Event 21 Men 18-24 100 Yard Freestyle)				
3	Litovsky, Leo	24	Adirondack Maste-3	58.62
	27.99		30.63	
Event 21 Men 30-34 100 Yard Freestyle				
1	Follett, Nicholas	33	Adirondack Maste-3	1:02.20
	29.08		33.12	
Event 21 Men 35-39 100 Yard Freestyle				
1	DeWire, Raymond	36	UC03	56.34
	26.75		29.59	
Event 21 Men 40-44 100 Yard Freestyle				
1	Donnaruma, Colin	42	Adirondack Maste-3	1:12.62
	34.50		38.12	
Event 21 Men 45-49 100 Yard Freestyle				
1	Andre, Kristopher	46	UC03	57.67
	28.05		29.62	
2	Higgins, Erik	47	Connecticut Mast-5	1:04.23
	31.64		32.59	
Event 21 Men 55-59 100 Yard Freestyle				
1	Dollard, Brian	58	Adirondack Maste-3	1:10.25
	32.38		37.87	
Event 21 Men 60-64 100 Yard Freestyle				
1	Riordan, Joseph	63	Adirondack Maste-3	1:03.42
	30.81		32.61	
Event 21 Men 65-69 100 Yard Freestyle				
1	Taetzsch, Michael	67	Adirondack Maste-3	1:10.91
	34.03		36.88	
Event 21 Men 80-84 100 Yard Freestyle				
1	Koop, Douglas	81	Adirondack Maste-3	1:46.70
	50.84		55.86	
Event 22 Women 55-59 1000 Yard Freestyle				
1	Towne, Suzanne	57	New England Mast-2	13:56.68
	37.81	41.34	43.04	42.94
	42.95	42.74	43.29	42.48
	42.66	42.13	42.13	42.56
	42.55	42.24	41.65	41.00
	41.75	41.39	41.24	38.79
Event 22 Women 65-69 1000 Yard Freestyle				
1	Branch, Katherine	65	New England Mast-2	14:22.84
	43.15	43.56	43.37	43.62
	43.28	43.41	43.00	42.86
	43.04	43.31	43.13	43.03
	43.12	43.31	42.71	42.93
	42.87	43.18	43.06	42.90
Event 22 Women 70-74 1000 Yard Freestyle				
1	Bierwert, Karen	70	New England Mast-2	14:51.76
	39.55	42.32	43.64	43.95
	44.23	44.62	44.31	44.99
	45.22	44.88	45.69	46.34
	45.99	45.11	45.20	45.35
	45.69	45.46	45.24	43.98

Event 22 Men 80-84 1000 Yard Freestyle				
1	Koop, Douglas	81	Adirondack Maste-3	19:57.99
	57.94	1:02.55	2:06.49	4:14.80
	3:10.82	6:20.45	2:04.94	
Event 23 Women 25-29 1650 Yard Freestyle				
1	Przysinda, Emily	29	Rochester Area M-4	20:39.43
	33.52	37.33	37.71	37.91
	38.05	37.50	37.24	37.73
	37.84	37.74	37.77	37.38
	37.89	38.02	37.87	37.63
	37.82	38.00	37.43	38.35
	37.04	37.74	37.58	38.68
	37.49	37.17	38.01	38.20
	37.74	37.91	37.15	37.72
				36.27
Event 23 Women 55-59 1650 Yard Freestyle				
1	Bolster, Margaret	55	Adirondack Maste-3	23:34.15
	38.77	41.88	43.13	43.45
	43.28	42.81	43.12	43.65
	42.75	43.10	42.88	43.12
	43.39	42.97	43.58	42.91
	42.94	43.29	43.40	43.03
	42.76	42.75	43.07	43.23
	42.98	42.96	43.08	43.43
	42.90	43.15	43.10	42.46
				40.83
Event 23 Women 70-74 1650 Yard Freestyle				
1	Gardner, Cynthia	71	New England Mast-2	32:09.83
	48.88	55.34	57.44	58.61
	59.13	1:00.16	59.47	59.50
	59.46	59.89	59.68	59.33
	59.12	59.04	58.90	59.55
	57.81	58.45	1:00.08	58.39
	59.05	58.47	59.37	59.81
	59.29	59.40	1:00.31	59.46
	58.77	58.38	58.70	57.89
				52.70
Event 23 Men 25-29 1650 Yard Freestyle				
1	Sinnenberg, Nick F	25	Adirondack Maste-3	18:33.09
	30.77	33.48	33.22	34.00
	34.50	33.95	33.88	34.43
	34.12	34.24	34.02	34.28
	34.58	34.49	34.34	34.45
	34.44	34.03	33.97	33.17
	33.85	33.78	33.66	33.95
	33.90	33.53	34.17	33.69
	33.89	33.39	33.48	32.46
				30.98
Event 23 Men 30-34 1650 Yard Freestyle				
1	Russell, Tim	33	UC03	20:30.50
	32.81	36.00	36.55	37.01
	37.66	37.14	37.12	37.20
	37.11	36.90	36.83	37.61
	37.17	37.53	37.39	37.32
	37.46	37.52	37.58	37.70
	37.65	37.68	37.48	37.66
	38.21	38.01	37.84	37.87
	38.01	37.87	38.14	37.67
				36.80